Every baby deserves a healthy start.
As we move forward into a New Year, we are most grateful for this past year’s accomplishments as we continue to strive toward improving birth outcomes for babies and families in Northeast Florida. In 2018, the Northeast Florida Healthy Start Coalition has continued work to address the social determinants of health that greatly impact infant mortality.

In 2017, 137 babies did not live to their first birthday. Each of these moms – and their babies who did not make it – have a story to be told. In 2019, these families have a voice. Baptist Health/Wolfson Children’s Hospital, UF Health Jacksonville and Florida Blue combined to contribute $50,000 to fund the review of every 2017 infant death. This review is essential in the determining the vast social determinants of health and life course issues that are prevalent in the lives of families.

The Coalition’s Northeast Florida Nurse-Family Partnership (NFP) team won the Top Florida Performance award in recognition of outstanding, all-around performance implementing the national Nurse-Family Partnership model. Nurse-Family Partnership is an evidence-based home-visiting model for pregnant women and has been successfully identified as impacting key outcomes in maternal and child health, child abuse, child development and more. The specially trained nurses on the team from Florida Department of Health Duval and UF Health Jacksonville provide services to high-risk, first-time moms in several high-risk neighborhoods in Duval, Baker and Clay counties. The Northeast Florida NFP program is part of the Florida Maternal Infant and Early Childhood Home Visiting (MIECHV) Program.

The Northeast Florida Healthy Start Coalition hosted a training for medical providers to expand the services of the evidence-based Centering model of health care to improve the health of women, children and families in our community. The training has expanded the community’s capacity to offer all forms of group Centering classes.

We are thrilled to partner with Jacksonville University’s School of Nursing to address maternal mortality, a critical issue that impacts our families and goes hand in hand with infant mortality. A mother’s health before, during and after pregnancy impacts both her and baby, and we want to make sure both live long, healthy lives.

2018 also marked the 26th year of Healthy Start. The Coalition participated in the late Governor Lawton Chiles reunion event, Healthy Start presentation and panel discussion. Chiles founded Healthy Start in 1991 after seeing the high infant mortality rate in Florida and experiencing a premature grandchild. This moment was extremely special for the Coalition. Carol Brady of the Florida Maternal, Infant, and Early Childhood Home Visiting Program presented on Healthy Start and Cheryl Wright-Mayhew and her daughter Cheryl Wright shared their personal experiences in the Healthy Start program in Jacksonville and the successes they’ve had since. Cheryl Wright-Mayhew was one of the first enrollees in Healthy Start -- her Healthy Start baby Cheryl Wright was born healthy and is now 27 years old.

We appreciate and value all of our partners, funders, Board of Directors, Coalition Members and committed volunteers for their continued support. We look forward to this upcoming year as we move forward and continue to strive for the improving the lives of babies.

FAYE JOHNSON  
Chief Executive Officer, Northeast Florida Healthy Start Coalition

KENNETH SCARBOROUGH  
Chair, Operation New Hope
Maternal Mortality

Once considered an issue of the past or less developed countries, maternal mortality has entered the forefront of maternal and child health again as the United States experiences rising rates and significant racial disparities.

Each county in Northeast Florida has had at least three women die over the last five years either during pregnancy or shortly after birth. The pregnancy-related

Prematurity

Prematurity is a leading cause of infant mortality in Jacksonville and across the state and country. If babies survive being born premature, the complications can leave a life-long, negative impact on each infant and their family. Premature, or pre-term, births account for almost 13 percent of all deliveries in the five-county region. Very pre-term infants -- those born before 32 weeks gestation -- are at higher risk for death and disability. All premature infants, including late pre-term, can encounter breathing and feeding issues, difficulties regulating body temperature, digestive/intestinal problems and jaundice, among other issues.

SAVING BABIES

By the Numbers

- 7584 Momcare clients served
- 10000 Healthy Start clients served
- 18660 babies born in 2017
- 620 OB visits to improve screening
- 33 Nurse-Family Partnership graduates
- 485 Magnolia Project clients served
- 1785 Magnolia Oasis clients served
- 100+ Magnolia Project Community Baby Shower Moms in Attendance
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SAVING BABIES
mortality ratio is an estimate of the number of pregnancy-related deaths for every 100,000 live births. In 2017, Northeast Florida’s ratio of 26.8 was significantly higher than the state ratio of 16.5. The leading causes of death in the state are hemorrhage, hypertensive disorders and infection, according to Florida’s Pregnancy-Associated Mortality Review 2016 Update.

Infant mortality rate relatively unchanged, prematurity and sleep-related deaths still an issue

Infant mortality in Northeast Florida was relatively unchanged in 2017, dropping slightly from 7.4 to 7.3 deaths per 1000 live births. 137 babies died before their first birthday, the equivalent of eight classes of kindergartners. The regional rate remains higher than the state (6.1 deaths) and nation (5.9 deaths).

INFANT MORTALITY RATE BY COUNTY 2015-2017

<table>
<thead>
<tr>
<th></th>
<th>State Rate: 6.1 Deaths (Per 1000 Live Births)</th>
<th>NEFL Rate: 7.3 Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>Baker 11.9</td>
<td>Nassau 5.6</td>
</tr>
<tr>
<td></td>
<td>Duval 7.9</td>
<td>St. Johns 4.6</td>
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<tr>
<td></td>
<td>Clay 4.9</td>
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<tr>
<td>2016</td>
<td>Baker 2.9</td>
<td>Nassau 4.9</td>
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<tr>
<td></td>
<td>Duval 8.4</td>
<td>St. Johns 5.2</td>
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<tr>
<td></td>
<td>Clay 3.4</td>
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<tr>
<td>2017</td>
<td>Baker 8.4</td>
<td>Nassau 10.7</td>
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<td>Clay 4.5</td>
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Duval County, the population center of the region, continues to drive the region’s infant mortality rate with 8 deaths per 1000 live births. Counties with smaller populations like Baker, Clay and St. Johns tend to fluctuate from year-to-year, as a few additional or less deaths impact the rate much more than more populated counties.

Black babies are still dying at more than twice the rate of white babies. Black moms are nearly 2.5 times as likely to experience an infant death as white moms (12.5 deaths per 1000 live births, compared to 5.2 deaths). This trend has been consistent over the past five years. National trends show that racial disparities persist despite education level or socioeconomic status.

The leading cause of death in 2017 was other perinatal conditions, which accounted for a third of all deaths. This includes infections like bacterial sepsis, premature rupture of membranes, incompetent cervix and placenta complications. Prematurity and Sudden Unexpected Infant Deaths (SUIDs) each accounted for 20 percent of infant deaths.

Sudden Unexpected Infant Death

One in five deaths in Northeast Florida was due to SUIDs in 2017, most of which were sleep-related. This has been a consistent and concerning trend for the last five years. SUIDs deaths are largely preventable. One hundred forty-three deaths from 2012-2017 were reviewed. Despite safe sleep messages recommending babies sleep alone, on their back and in a crib, bassinet or pack-n-play, nearly 70 percent were bedsharing, in an unsafe position (not on the back) or had unsafe sleep surroundings (adult bed, couch or chair, soft items like bedding and stuffed animals.)
The Azalea Project Prevention program trains Certified Recovery Peer Specialists to connect people who have experienced recovery with substance users to help achieve its goal of preventing substance-exposed newborns and infant mortality. During the third full week of June 2018, twenty-six individuals completed the forty-hour course. Azalea Prevention’s plan is to eliminate the negativity surrounding substance use and mental health and to treat substance use as a mental health condition. Substance-using pregnant women are often afraid to disclose substance use to their health care provider. A CRPS who understands the situation can help provide empathy and trust. The Azalea Prevention grant from the Office on Women’s Health is funding one CRPS training a year in order to increase the capacity of substance abuse and mental health services in the Jacksonville community. Lutheran Services Florida provides the training for the class.

Healthy Start

The Healthy Start program underwent several important changes in 2018 to ensure every baby has the best start in life. Healthy Start has been serving mothers and babies since 1991, and realigned this year to serve the highest risk families. The program also increased its focus on the critical interconception period. A new statewide Coordinated Intake & Referral process also went into effect July 2018, allowing the prenatal and infant risk screens to connect families with an array of home visiting services in their county to ensure babies are healthy. In 2018, Northeast Florida Healthy Start completed over 7,000 face-to-face visits and served more than 10,000 women, infants and their families. Clients received services like parenting education and support; breastfeeding education; nutrition counseling; tobacco cessation; childbirth education and stress management. Services are provided directly to families by eight subcontractors. The Coalition welcomed a new subcontractor in St. Johns County, Children’s Home Society.

It’s important to have somebody there. Whether it’s just to listen to you when you get in your emotional situations or just to be there and Ms. Jones has been there. In real life we were supposed to be sisters. But she’s my care coordinator and that’s good enough for me.

- Azrael Warren
HEALTHY START PARTICIPANT

Even though they’re our clients, they’re also like family members and you treat them according to the way you want to be treated and to build a rapport. So coming out here every week, seeing her and the babies and her other kids, it’s very refreshing and exciting to talk to her.

- Belinda Jones
FLORIDA DEPARTMENT OF HEALTH DUVAL COUNTY HEALTHY START SOCIAL SERVICES COUNSELOR

Nurse-Family Partnership

NEFL Nurse-Family Partnership (NFP) is an evidence-based, home-visiting program where specially-trained nurses on the team from Florida Department of Health Duval and UF Health Jacksonville provide services in Duval, Baker and Clay counties. NEFL NFP is funded by the Florida Maternal Infant and Early Childhood Home Visiting Program.
Community Meeting on October 18th that they are combining to contribute $50,000 to fund the study of every 2017 infant death to better understand why too many babies continue to die each year.

Magnaia Project continues Moms of Empowerment group meetings

Mothers and their babies (and one dad) gather at the Magnolia Project twice a week to discuss childrearing, address any concerns and gain support at the Magnolia Moms of Empowerment group parenting class. Moms, and their support partners, whose babies are around the same age interact while gaining insight and getting feedback from each other. Topics are discussed such as avoiding toxic stress, early childhood development and brain development, importance of immunizations and well-child visits, infant safety, nutrition, second hand smoke exposure, infant massage and more. Moms of Empowerment meetings are funded by a two-year grant received from The Chartrand Family Fund at The Community Foundation for Northeast Florida.

Fetal & Infant Mortality Review

The Coalition is continuing to focus on social determinants of health after reviewing the 2017-18 Fetal & Infant Mortality Review results. FIMR’s Case Review Team (CRT) reviewed 28 cases in 2017-18 utilizing an approach developed by the American College of Obstetrics and Gynecology (ACOG) that pulls information from birth, death, medical, hospital and autopsy records and maternal interviews. A Community Action Group then takes the CRT’s recommendations and implements them in the community to address the root causes of health disparities and social factors that impact health. Case reviews revealed that mothers and families are dealing with rough living conditions, poverty, poor public transportation, lack of employment or discrimination from employer, health disabilities and much more contributing to the loss of their baby. Baptist Health/ Wolfson Children’s Hospital, UF Health Jacksonville and Florida Blue announced at the annual FIMR
Healthy Families Jacksonville launches new career pilot program in support of participants’ goals

Healthy Families Jacksonville completed its first career program, the Pathway to Your Career, allowing women who participate in the program to learn professional skills that guide them on the path to providing for their families. Six women completed the pilot program.

The women selected for the program completed career assessments, one-on-one career coaching, an
Individual Career Plan and a 10-week customer service and soft skills training program that incorporates preparation to earn industry-recognized certifications.

Clients eligible for the program were nominated by their family support worker, interviewed by telephone and then invited for an interview with LDW Group President Dr. Linda D. Woodward and Coalition staff. Participants’ most common reason for enrolling was to provide a better life for their families.

Healthy Families is a nationally-accredited family support and coaching program that helps parents provide the safe and stable environments children need for healthy growth and development. The Coalition implements the program in Jacksonville with funding from the Kids Hope Alliance and Ounce of Prevention Florida.

Jacksonville University Partnership

Jacksonville University School of Nursing has partnered with the Coalition to address maternal mortality, a critical issue that impacts our families and goes hand in hand with infant mortality.

After reading our call to action in the Florida Times Union to recognize infant mortality as a pressing community issue and fund a review of every 2017 infant death, Dr. Roberta Christopher, assistant professor at Keigwin School of Nursing and co-director of the QSEN (Quality and Safety Education...
The Coalition recognized the loss of an infant from a father’s perspective and honored the 137 babies that died before their first birthday in 2017 as part of National Infant Mortality Awareness Month. Fatherhood PRIDE, a Coalition initiative, and three local barbershops partnered for a Fatherhood Empty Shoes Memorial the last week of September.

Platinum Cutts on Southside Boulevard, Platinum Cutts on Mayport Road and Chop Shop Barber Shop each displayed an empty baby shoes memorial in recognition of fathers, while educating fathers and fathers-to-be on infant mortality. The week-long event culminated with a Fatherhood Empty Shoes Memorial Day. The three barber shops spread information on preventing infant mortality on their busiest day of the week.

**Fatherhood Empty Shoes Memorial**

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**IMPLICIT Interconception Care Model**

The Coalition is working with two local partners to implement the evidence-based IMPLICIT Interconception Care Model. The project’s goal is to prevent unintended pregnancies, promote optimal birth spacing and improve birth outcomes by improving access to effective preconception and interconception care. The model focuses on screening and providing interventions for mothers of children under 2 years of age during well-child visits on four health risks: smoking, depression, family planning and folic acid. AGAPE Community Health Centers began implementing IMPLICIT in their pediatric clinics in 2017, while the Florida Department of Health Duval County began in May 2018.

This initiative is funded by March of Dimes to prevent premature births. FDOH Duval has expanded interconception care beyond well-child visits in order to reach more moms, as mothers of children under two years old will now also be screened during women’s health visits and offered intervention.
Dads at a Disadvantage Panel Discussion

A panel of experts provided a wealth of knowledge needed to guide the community in addressing the disadvantages dads face and advising solutions to bridge the gap on April 11. The lack of support and resources for men cripples the already negative impact dads face when battling the mental health and substance abuse crises in Northeast Florida. The issue is cyclical – if a dad is prevented from engaging with his kid, he’s likely to get depressed, which is likely to cause substance abuse, which prevents a dad from engaging with his kids. Each panelist represented a position in society that impacts at-risk dads, such as the government, social services, courts, prisons and addiction recovery. They said they’ve seen many dads in and out of their systems and know what it takes for a dad to successfully transition out of a rough place, such as immediate access to mental health and substance abuse treatment when needed. The discussion was one of three held across the country in partnership with Baltimore’s Center for Urban Families, the National Responsible Fatherhood Clearinghouse and the U.S. Dept of Health & Human Services/Administration for Children and Families/Office of Family Assistance.

I am a Healthy Start Employer

I am a Healthy Start Employer recognizes businesses that create a culture of health and wellbeing for families. The certification is awarded to employers that work hard to ensure families receive the support and education they need before, during and after pregnancy. A large majority of parents participate in the workforce. Their quality of life, and that of their child or children, is directly impacted by the support they receive through their employer. There are three levels of certification: Bronze, Silver and Gold. Criteria includes breastfeeding support; information and resources; policies; and child care. In 2018, the Coalition awarded Florida Department of Health Clay County, Kiddieville Upscale Children’s Retail and UF Health Jacksonville with a silver level I am a Healthy Start Employer certification and Black Knight, Inc. with a gold level certification.

Baby Buggy Walk in the Park

Families, vendors and volunteers experienced a morning of family fun filled with a short walk, health fair and kid’s activities at the Fifth Annual Baby Buggy Walk in the Park on September 8. Titanium Yoga provided a class to the community and Jacksonville Public Library brought books, blocks and blankets for the kids to read and play in the grass field. For arts and crafts, volunteers set up for each kid to make and take home slime. Each year the Jacksonville Baby Buggy Walk occurs during National Infant Mortality Awareness Month. The event connects healthy lifestyles, healthy families and healthy babies together to raise awareness of improving birth outcomes and reducing health disparities.
Make a Difference! Leadership Academy

The Make a Difference! Leadership Academy is a 16-week course on grassroots leadership instructing individuals in the community to advocate for necessary changes that contribute to socioeconomic status, health disparities and birth outcomes. The Coalition launched the initiative in 2012 to change the trajectory of a community through the individuals trained and assisted in the development of a Community Action Plan.

Five graduates completed the Leadership Academy in Spring 2018. Throughout the last two weeks of September, the class conducted a school supply and personal hygiene donation drive for students attending Matthew W. Gilbert Middle School. They partnered with the school’s alumni class of 1963 to create a wish list and conduct the drive.

Each class also visited Kingsley Plantation to identify the link between discrimination and historically poor health outcomes like high infant mortality rates in black communities. Since 2013, the Academy added the field trip to the former slave plantation as a historical presentation of how and why these disadvantages exist.

“When looking to the future seems too hard to do, look to the past for answers…and proceed,” Quichavia Lawson – Leadership Academy participant reflecting on her visit to Kingsley Plantation.

One City, One Vision: First Annual Community Action Network Partner’s Conference

The Community Action Network brought together representatives from Jacksonville nonprofits and the community in to discuss ways to better serve the community, provide hope for the families they serve and ultimately improve birth outcomes in the region.

Activities at the conference included:

- Three interactive “Walk in My Shoes” experiences, which allowed participants to spend time observing where the families they serve live, the obstacles they face and note what can be done to enhance services and solve problems
- Two sets of breakout sessions, which gave insight on working in the social services field and targeted different groups (men, women and youth)
- A panel discussion, Healing of the H.E.A.R.T. (Hurt, Exhaustion, Anger, Resentment and Tension), allowed four panelists express what they had been through in their past and how they used it to get to where they are now. Each panelist is using their experiences to help others and adding value to their community

The Community Action Network is an initiative of the Northeast Florida Healthy Start Coalition and the Magnolia Project, a federal Healthy Start project. The project works with partners and community residents to implement a common agenda, shared measurement approach and coordinated system of delivery.
National Health Corps Florida

National Health Corps (NHC) Florida AmeriCorps Program members are placed each year at non-profits and government sites across the region to help meet critical health needs of children, families, pregnant women and other at risk segments of the population. Annually, members provide more than 40,000 units of service in the region, including health education and health access services, for a return on investment of more than $300,000. Twenty-three members completed the 2017-18 term. Twenty-three members began the 2018-19 service term in September with 15 different agencies across Duval, Clay and Nassau counties.

Coalition trains care providers in innovative group-care model

The Coalition hosted a training in August for medical providers to increase services of the evidence-based Centering model of health care to improve the health of women, children and families in our community. The training expanded the community’s capacity to offer all types of Centering classes. Fifteen medical professionals attended from four health care agencies: Agape Community Health Center, Florida Department of Health Duval, UF Health Jacksonville and Sulzbacher.

Centering Healthcare Institute is a non-profit organization that works closely with health care providers to offer evidence-based group-based care. CenteringPregnancy prenatal care and CenteringParenting well-child care systems have been implemented across the nation to ensure babies have healthy birth outcomes and families have access to quality care and support. CenteringPregnancy has been utilized at the Magnolia Project for several years. New areas of Centering Healthcare include helping people manage diabetes and chronic disease. The Chartrand Family Fund at The Community Foundation for Northeast Florida funded the training.

Museum of Science & History Partnership: On the Pulse: Toxic Stress

Jacksonville’s Museum of Science & History (MOSH) On the Pulse is a series of programs that takes an in-depth look at some of Jacksonville’s hardest-hitting health issues while offering new views that actively challenge social stereotypes and promote acceptance, while giving a voice to topics that aren’t often thought of. The Coalition partnered with MOSH during National Infant Mortality Awareness Month to help community members better understand toxic stress and how it impacts health. MOSH Health Educator Alec Warren scientifically demonstrated the chemical effects of stress working overtime in the body through a burst balloon and overheated gallon jug. The night finished on the MOSH rooftop with a sunset yoga class, adult coloring books and DIY sugar scrubs and stress balls. There are plenty of other health issues affecting Jacksonville that do not have a voice. Our goal is to continue to partner with MOSH to raise awareness of these issues and identify ways to prevent them.
Coalition approves new Service Delivery Plan

The Coalition completed a new five-year Service Delivery Plan in June that aligns with our three main areas of focus – saving babies, strengthening families and building communities – and integrates a life course framework, with a heavy focus on health equity and the social determinants of health. The Coalition membership approved the plan, which has been submitted to the Florida Department of Health for final approval. The plan includes goals and strategies to reduce infant mortality, prematurity, prenatal smoking, lack of prenatal care and health disparities.
AWARDS

2018 PHILIP GILBERT AWARD FOR OUTSTANDING VOLUNTEER SERVICE
RECIPIENT: Melanie Lawson
News4Jax

2018 DOROTHY WILSON MABRY AWARD
in Recognition of Outstanding Accomplishments by a Healthy Start Participant or Grass-roots Community Leader
RECIPIENT: Rodney Graham
Fatherhood PRIDE Participant and Make a Difference Leadership Academy graduate

2018 CAROL BRADY COMMUNITY LEADERSHIP AWARD
in Recognition of Outstanding Efforts and Commitment of a Community Leader who has Devoted their Time, Resources, Funds and Expertise to Advancing Maternal and Child Health in Northeast Florida
RECIPIENT: Reverend Frederick D. Richardson, Jr.
Historic Mt. Zion AME Church

COALITION MEMBERSHIP

Leslie Allen
Stephen Baker, PhD*
Guy Benrubí, MD*
Jeannie Bowles*
Joy Burgess*
Anthony Butler*
Shelly Crawford, RN*

Megan Denk, Vice Chair*
Cindy Dennis
Catherine Hardee Drew, PhD*
Susan Grich
Priscilla Griggs
Bob Harmon, MD
Janice Hawkins

Mark Hudak, MD*
Heather Huffman
Megan Hyman
Melanie Lawson*
Beverly Legree, RN
Kathy Mankinen*
George Maxey
Jan Morse*

Teleauba Revels, Secretary*
Rev. Tom Rodgers*
Eugenia Ngo-Seidel, MD*
Kenneth Scarborough, Chair*
*Board of Directors
YOUR SUPPORT MADE A DIFFERENCE

Thank you to the following agencies and individuals who have made the work of the Northeast Florida Healthy Start Coalition possible in 2018!

- Angie Koury Allen
- BBVA Compass
- Baptist Health
- Carol Brady
- CAN Community Health
- City of Jacksonville
- CompassMSP
- The Chartrand Family Fund at The Community Foundation for Northeast Florida
- Megan Denk
- The Dorothy Wilson Mabry Family
- Eleven Atlantic
- Florida Agency for Health Care Administration
- Florida Association of Healthy Start Coalitions/Florida MIECHV
- Florida Blue
- Florida Department of Health
- Generation
- George Koury & Associates
- Susan Grich
- Jennifer Hoerbelt
- Health Federation of Philadelphia
- Kids Hope Alliance
- Legacy Enterprise Group
- March of Dimes
- National Healthy Start Association
- Eugenia Ngo-Seidel
- Ponte Vedra United Methodist Church
- Regions Bank
- Staywell
- Sunshine Health
- UF Health Jacksonville
- U. S. Department of Health & Human Services – HRSA
- U.S. Department of Health & Human Services – ACF
- U.S. Department of Health & Human Services – Office on Women’s Health
- Unitarian Universalist Church of Jacksonville
- United Way of Northeast Florida
- Walmart
- Braughton Webb
- Crystal Whiteside-Lemon

OUR BUDGET

Revenues: YEAR ENDING JUNE 30, 2018

- Total: $9,369,006
  - State Grants: 18%
  - Federal Grants: 5%
  - Private Grants & Donations: 47%
  - City of Jacksonville: 31%

Expenses: YEAR ENDING JUNE 30, 2018

- Total: $10,112,464
  - Administration & Staff: 26%
  - Direct Service Contracts: 29%
  - Private Grants & Donations: 45%
  - Other Operating Expenses: 29%